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**My Day**

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| 6:30 amIllustration of awakening "A man who wakes up refreshingly" | 7:15 am Illustration of interdental plaque | 8:00 amSchool building illustration |
| 6:00 pmIllustration of a Family Eating Chinese Food at the Turntable | 8:30 pmIllustration of a bath "Men" | 9:00 pmIllustration of a person sleeping with a dog |

**My Dayexample**